

GOOLD BRIEF FOR OCT 12, 2026 BOARD MEETING

October 9 2026

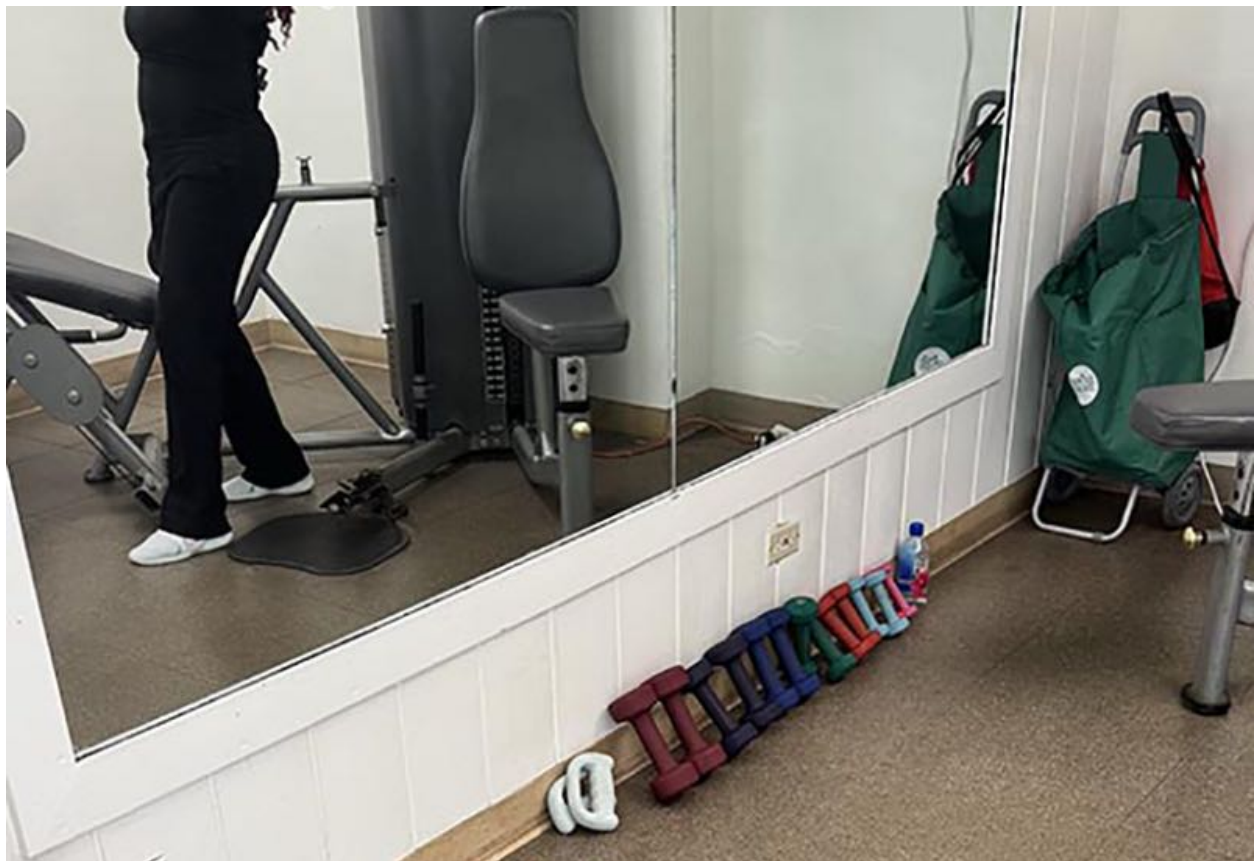
Aloha Association board and owners ~

In preparation for the upcoming Board of Directors' Meeting, scheduled Monday, October 12th, we timely requested three issues be added to the four items on the posted meeting agenda:

- 5) Request to end gender discrimination in fitness space
- 6) Motion to appoint Scott Goold chair of (new) RecDeck Oversight committee
- 7) Motion to appoint Scott Goold chair of (new) EMT (Emergency Response Team) committee

I: Request to End Gender Discrimination in Fitness Space

AnnMarie Goold submitted an aloha spirited request August 30th (attached Appendix A), asking management to provide females equal quality exercise equipment in our fitness spaces. Below I show a female athlete who has to cart a large container of weights each day to workout. We have hidden her face to protect from retaliation.



AnnMarie pointed out in her motion to the board:

“I asked Scott about best practices for equipping a weight training facility. He explained he would design a small weight room differently for men and women. For men, in general, in a small space he would include dumbbells of 10s, 20s,

30s, 40s and 50s — 10lb increments. For women, in general, he would begin with lower weight and increase by 5lb increments: 5s, 10s, 15s, 20s and 25s.”

Scott had requested to be included in the selection of weights, as Scott was the leader of the resident group seeking new equipment. Operations Manager Jackie Antolin ignored Scott’s request, and selected weights more appropriate for her husband than for female AnnMarie. We don’t want to discourage men. We simply want to encourage women. Scott and AnnMarie ask to the complete set of weights to encourage both men and women. Scott submitted a proposal for the additional dumbbell weights on August 11, 2026 (attached Appendix B).

II: Motion to Appoint Scott Goold Chair of (new) RecDeck Oversight Committee

Discovery Bay AOA management relies on a “passive” system of enforcement of rules and policies in our complex. If a resident is violating a policy, management expects other residents to contact security and make a complaint. For most residents, this requirement is burdensome. They do not want to “snitch” on others. Many also claim management retaliates after making a complaint. Thus, lack of managerial presence and unwillingness of residents to inform management leads to abuse of our rules and facility.

Due to injuries and disability, Scott comes to the recreation deck (RecDeck) about three times per day. Management criticized Scott for picking up rubbish, trash, drink containers and reorganizing lounge chairs. Scott regularly empties small waste baskets prior to working out. Scott seeks to keep the fitness spaces safe, clean, smelling nice and sparkling.

Last Monday, Scott identified an individual who didn’t appear to live at Discovery Bay. Staff became aware of the woman the day before, but didn’t take action. Scott reported the woman to staff, who contacted security, and security immediately removed the woman. She had used our showers, slept possibly in a stairwell the previous night, and was sleeping on a lounge chair when Scott discovered her.

Later in the week, Scott was emptying one of the small waste baskets. Japanese American user thanked him. “Really appreciate you coming by to clean up each day,” said the male. Japanese teach young students to clean their classrooms. Japanese athletes clean their locker rooms and fans clean stadium areas. They hold themselves responsible ... in Hawai’i we call this *kuleana*.

In many cases, Scott walks by a group, enters one of the fitness rooms, and takes a “temperature check” about behavior. Scott pretends to clean up or fix something, but actually is getting a closer review of what is going on. Scott has inspired others to be on their better behavior without needing to summon security or cause tension. Residents see an oversight presence and participate voluntarily to follow our rules.

AnnMarie Goold will make the motion to appoint Scott Goold chair of (new) RecDeck Oversight committee. Julia Sterling will second the motion.

III: Motion to Appoint Scott Goold Chair of (new) EMT (Emergency Response Team) Committee

Scientists are warning people not just in Hawai'i, but around the world that larger, super storm events will occur more frequently. We must prepare for the worst, and hope for the best, as planners say. Residents at Discovery Bay must organize. During Hurricane Lala, Discovery Bay lost power and supply of water for about 6-8 hours. Facilities around us suffered far longer. The Association must begin training now.

Many of the Discovery Bay staff live more than an hour away by bus on the west side. Facing a huge storm, most may be unable to make it to our property during or after a super storm. After Lala, management was at least two staff short. Scott noticed the RecDeck was not open on time. Scott called, spoke with Mel and offered to help. Mel appreciated the call and Scott came to assist.

Operations Manager Jackie Antolin refused Scott's request to volunteer. She in fact summoned HPD to prevent Scott from participating. Scott simply wanted to give staff a hand on the RecDeck setting up lounge chairs. Notices around the property ask residents to help out (attached Appendix C)

HPD wasn't impressed with management, and apologized to Scott for being required to instruct him to stand down. HPD urged Scott to bring this matter to the board, as HPD encourages community participation and assistance.

Scott served as a neighborhood watch commander years ago, while he and AnnMarie lived in New Mexico. Scott trained with law enforcement and civic leaders. Neighborhood patrols extended the reach of officials.

Scott would like to create a similar program at Discovery Bay. He envisions "floor captains" organized to check on residents; ensure residents have food, water and medical attention as needed; and pass information up and down our 42-floors in case power is out, cell phone towers down, and management staff unavailable or overwhelmed. The EMT may need to help pump water from the basement or remove fallen debris. Staff may not be available.

AnnMarie Goold will make the motion to appoint Scott Goold chair of (new) EMT (Emergency Response Team) committee. Julia Sterling will second the motion.

Scott stands for questions at this time.

Thank you!

Scott Goold
AnnMarie Goold
Julia Sterling

APPENDIX A

August 30, 2026

RE: Motion to Nominate Scott Goold

Aloha Discovery Bay AOA Board

Earlier this week, board member Stephen Haynes criticized Scott and asked that he follow “established procedures.” Mr. Haynes criticized Scott previously claiming he wasn’t respectful with his emailed language. Scott provided examples where management was not respectful with us. Mr. Haynes said nothing. I believe Scott and I are doing our best to follow established procedures and be respectful. We claim management is not.

I hoped we could mediate these differences in position before a neutral third party. This week management refused to accept our offer to mediate. Hawai’i law requires us to mediate ... and mediation is the established procedure. Management offered no reasonable objection. Management is not acting in good faith.

Appearing before a mediator would allow all parties to speak confidentially. Management forces me to speak publicly about sensitive health issues. I consider this coercion to be unfair and a violation of my medical privacy rights.

Scott is standing up of me, defending me, with his emailed requests, and personal action in the fitness areas and recreation deck. I am battling perimenopause and menopause — issues my mother did not discuss with me — as women were shamed to speak about these issues in her day. Today, women have blogs, podcasts and social media groups where perimenopause and menopause are discussed openly.

I’m not sure how my mother, grandmothers and other women survived! These past 4-5 years have been brutal. Many times I felt overwhelmed and quite depressed. Scott has stood by my side 100%. I’ve been exhausted, frazzled, impatient, hurting, and hopeless. Together we’ve moved forward.

One huge indication of relief has been exercise, particularly lifting weights. A friend introduced me by sharing her success. Women across the country are sharing their success as well. Scott has guided and trained me. Management however has not been a helpful partner. Management has impeded my quest for relief.

At different times over a year ago, we caught COVID. Reached out to management following established procedures. Management ridiculed us. Scott is certified by Johns Hopkins University to serve as a COVID contact tracer. His analysis was professional. Management was disrespectful to us. Management then refused to discuss the situation or possible solutions.

Related to the COVID infections, we proposed better ventilation and an added fan for users. Management did not object. Fan was stolen about two weeks later. Management refused to investigate the theft, and forced us to contact HPD. Scott reported to HPD that General Manager Chris Herndon loudly screamed at Scott in front of office staff that he didn't like us and wanted us to move. We were seeking to follow established procedures. We suffered retaliation.

Around that time, Scott spoke with board president Ken Wood about the ventilation and equipment in the fitness areas. Scott believed the president approved the small selection of free weights. We again were following established procedures.

Concerned about keeping the fitness area tidy, Scott requested a rack to hold the dumbbell weights that were approved by the board president. Management stole the weights from us! We had 10s, 15s and 20s. These hand weights were so helpful to me, as machines are large for my small frame, weights somewhat heavy, and difficult for a female like me to use. Scott recently assisted another woman. Machine and dumbbell weights were too heavy for her.

I asked Scott about best practices for equipping a weight training facility. He explained he would design a small weight room differently for men and women. For men, in general, in a small space he would include dumbbells of 10s, 20s, 30s, 40s and 50s — 10lb increments. For women, in general, he would begin with lower weight and increase by 5lb increments: 5s, 10s, 15s, 20s and 25s.

After management removed our weights, the dumbbell weights left for all us by a contractor friend, Jackie Antolin initially directed that no more dumbbells would be provided. The board overruled management. Scott then asked Jackie through proper and established procedure to participate with the selection of equipment. Management ignored Scott. Jackie selected dumbbells more appropriate for men — coincidentally for her husband. He and Scott recently worked out together. Jackie's husband used 40s. Doubtful I will ever use 40s. Most women will not.

On the other hand, Scott would not have selected or requested weights just for men or women. Scott has proposed a total of ten sets of weights: 5s, 10s, 15s, 20s, 25s, 30s, 35s, 40s, 45s and 50s. His proposal provides both EQUALITY and EQUITY in the fitness room. Scott wants to help Jackie's husband as much as me — men as much as women. Scott encourages everyone to be more fit. Management's sole objection has been concern over theft. Our family remains willing to financially secure the investment. We have the space and money for equal treatment. Why is management harassing us?

Scott and I believe that this issue would have been resolved in mediation. We believe a neutral third party would agree with his plan for equality and equity in Discovery Bay amenities. Board member Steven Haynes has an University of Hawai'i email address. We assume Mr. Haynes follows UH culture requirements that demand equality and equitable behavior.

Management refused to accept our request for mediation. The session would be non-binding and confidential. Why is management afraid? Professional adults mediate. Management apparently will only appear before a third party if they have friendly or prior relations. This attitude violates established procedures.

In conclusion, I would like to nominate my husband Scott Goold to chair a committee overseeing the fitness areas. Scott is considered a fitness expert with over 30+ years of experience, served as operational manager of a number of health clubs, and specialized in women's health & fitness as a public health professional. I am asking that the discrimination against females end at Discovery Bay.

This nomination is supported and seconded by Discovery Bay owners (3019) Jon and AnnaMarie "Nan" Darrows. They wrote, "As far as fitness area and yourself 👍👍👍 100 100 100 we think you would be the perfect person for that position. Your overall knowledge is certainly a benefit! So yes! We nominate you!"

I therefore request Discovery Bay AOA board to urge management to mediate, and end the discrimination against females in our fitness areas. Scott provided a proposal that is fair to both men and women. Scott has also demonstrated initiative to keep our fitness areas clean, safe and healthy for all users. Owners and residents will benefit from his leadership. We need a point person to pay attention to needs in our fitness areas. Please support our request for a committee chair and additional dumbbell weights.

Thank you for your time.

AnnMarie Goold
Owner, Discovery Bay

APPENDIX B

PROPOSAL TO COMPLETE SET OF DUMBBELL WEIGHTS

August 11 2026

Aloha Discovery Bay AOA Board ~

Our hard working president claims, “I know your intentions are to improve Discovery Bay and help people. I respect the energy and effort you put into that. At the same time, I think you’re going too hard at this ...”

Respect our president. Hear his comments. In response, suggest it might be OTHERS who are making our relationships hard. As they say, takes two to tangle. Right? We are simply requesting to complete the set of dumbbell weights. The Association has the money. Discovery Bay has the space. Users overwhelming request more modern equipment. Why is management turning this issue into a battle?

Our nation is about 50% obese. Current president claims “fat drugs,” as he labels them are costing our nation billions. Research is clear that lifting weights helps people as they age. We can go on and on about the benefits. #JustDoIt, as Nike advertises. Encourage each other to be more fit.

So, let’s ALL act with more aloha, and ALL OF US be more cooperative with each other. I support our president’s leadership call. And in this spirit, ask the Board to APPROVE the request by fitness users to complete the set of dumbbell weights in our fitness room. Management denied our request claiming weights might be stolen. Maybe in 1977. Not common today.

Our family however pledged to REIMBURSE the Association if theft occurs. We believe users do not steal weights. It’s management’s responsibility to secure the area. Maybe lock door at night, for example. There is at the spa area gate.

Sets of dumbbells a contractor left some nine months ago were not “stolen.” Management removed them. Sets of dumbbells currently in the space have not been stolen. They are heavily used and residents APPRECIATE the Board and management for the upgrade.

We’ve shown where the second set of dumbbells can safely be stored. We’ve shown the 1950s scale is inaccurate. The small number of residents interested in a scale can purchase one for their apartment inexpensively. FAR MORE fitness enthusiasts prefer dumbbell weights.

I’ve attached a quote from Total Fitness. Please APPROVE the REQUEST from many fitness enthusiasts to upgrade the Discovery Bay exercise rooms. Thank you for your consideration.

Install second set of dumbbells weights where 1950s white scale sits at this time. Scale is inaccurate.



SEE ATTACHED PROPOSAL AND ESTIMATED COSTS

Quote

Invoice#D2887

Order#D2887

Issue DateAugust 11, 2026

Supplier	Ship To	Bill To
Total Fitness USA 2312 Kamehameha Hwy Bldg C-1 Honolulu, Hawaii United States - 96819 ✉ rachel@tfusa.net ☎ 808-841-9525	Scott Goold United States ✉ scott@dbnews.org	Scott Goold United States ✉ scott@dbnews.org

Item	Unit Price	Disc.	Qty.	Total
 Titan 5 Pair Dumbbell Storage Rack SKU:	\$209.99	0%	1	\$209.99
 Muscle D Rubber Hex Dumbbell Pairs - 5lb 5lb	\$34.99	0%	1	\$34.99
 Muscle D Rubber Hex Dumbbell Pairs - 15lb 15lb	\$89.99	0%	1	\$89.99
 Muscle D Rubber Hex Dumbbell Pairs - 25lb 25lb	\$149.99	0%	1	\$149.99
 Muscle D Rubber Hex Dumbbell Pairs - 35lb 35lb	\$199.99	0%	1	\$199.99
 Muscle D Rubber Hex Dumbbell Pairs - 45lb 45lb	\$249.99	0%	1	\$249.99

Shipping Method	Subtotal	\$934.94
Total Quantity	Discount	(-) \$0.00
6	Shipping	\$0.00
Note	Tax	\$0.00
	Total	\$934.94

Total Paid	Total Due
\$0.00	\$934.94

APPENDIX C

REVIEW OF MANAGEMENT RESPONSE TO LALA

August 17 2026

Scott Goold has experience partnering with federal, state and local officials in security issues and emergency response. Scott joined others warning about incompetence at Hawaiian Electric Co. (HECO) beginning in 2019. Warnings were ignored. HECO mismanagement incinerated Lahaina on August 8, 2023. Some 102 human beings, including keiki, were incinerated. Over 2,200+ homes and small businesses were reportedly destroyed. And more than 13,000+ island residents were victimized and left houseless.

On Sunday, August 16, Scott Goold complimented Discovery Bay Operations Manager Jackie Antolin and her staff for their handling of hurricane preparedness. On Monday morning, as the recreational deck as not open, Scott contacted Mel. Mel informed Scott staff were working to open the recreational deck and would need more time. Scott volunteered to assist.

Discovery Bay staff were overwhelmed. Staff reported to Scott that they were “down” two individuals. Discovery Bay Operations Manager Jackie Antolin refused to allow Scott to volunteer assistance. Scott asked to help return lounge chairs to their place on the recreational deck. Residents are permitted to move lounge chairs around. There is no liability issue.

Friends We are going to be hit by future storms of much greater magnitude and intensity. We must prepare now for the worst, while always hoping for the best. Our limited staff of some 35 hard-working and heroic individuals cannot keep up safe by themselves. We must train together *laulima* to be ready for the next and more powerful disaster. Included in this packet are my three emails to Discovery Bay President Ken Wood and Board.

I urge you ... I warn you ... we will suffer increasingly dangerous weather events going forward. Help is a long way away. We only have each other to protect our families, our keiki and our ‘ohana.

[1] Compliment to management for emergency response

[2] Notification to volunteer assistance

[3] Jackie Antolin summons HPD to prevent Scott Goold from lending a hand

[1] Emergency Response: Sunday, 4:39pm

Aloha Discovery Bay team ~

I'm known to be a demanding personality, who places expectations of excellence first on myself and our family. Prefer to lead by example and ask others to follow. Want to acknowledge the outstanding response of our personnel facing Hurricane Lala. Discovery Bay was prepared.

Specifically, want to commend Operations Manager Jackie Antolin and her staff. Appreciate management keeping the recreational deck open for most of the day Saturday. Residents enjoyed getting outside their apartments. Tension and stress increase when people face a pending challenging storm. Parents were able to allow their keiki to play safely, exercise, swim or jacuzzi, and I'm sure that was a relief from being cooped up in apartments all day — and today.

Team quickly and efficiently secured chairs and the recreation area about 6:00pm. All of us were able to hunker down Saturday night safely.

One question: seems someone emptied our rubbish room Sunday when power was out. Was that management?

One recommendation: would like to see management involve owners like us when securing the facility. Such action serves as a "team building" exercise and follows the Native Hawaiian principle of *laulima* ... many hands ... to prepare for challenges or dig out after a major event. This strategy also prepares the Association in case a storm or event overwhelms our limited staff. We may face a challenge that requires more hands ... and we should use smaller incidents to prepare for the worst, as we hope for the best.

Again, excellent job by our management and staff. Lala is a warning. Our climate is worsening. We must prepare for more challenging future events.

Thank you for keeping all of us safe!

[2] Assist Opening Recreation Deck, Monday, 8:29am

Aloha ~

Just spoke with Mel ... recreation deck won't be open for about an hour as our hard working, but understaffed team is setting up chairs. I'm heading down to assist. As your board president, I would be there around 7:30am to begin setting up. We don't have enough staff. Willing owners can lend a hand ... *laulima* ... we must learn to have many hands working together.

See you on the deck! Thanks to our team.

[3] Jackie Called HPD on Me !!!, Monday, 9:30am

Aloha ~

We are recovering. We are down a couple employees. Elevator #1 Resolution is pouring water down shaft. Our FAMILY needs help. I asked to assist putting back chairs on recreation deck. There is NO liability concern, as residents can move chairs at any time.

LAULIMA !!! OHANA !!! We pull together. We work together. Jackie said she has enough staff. If so, then the recreation deck would be open at 8:00am. Staff are overwhelmed. They need a hand.

Let me be clear — management asks us to help !!! Read the notice: “We appreciate your cooperation in HELPING maintain a safe, clean, and enjoyable fitness facility for the benefit of all residents.” House rules are clear: WE are responsible for our health and safety. Work together! We are family. This is our community, our ‘ohana !!! Staff are overwhelmed. Lend a hand to your neighbor.

