

August 30, 2026

RE: Motion to Nominate Scott Goold

Aloha Discovery Bay AOA Board

Earlier this week, board member Stephen Haynes criticized Scott and asked that he follow “established procedures.” Mr. Haynes criticized Scott previously claiming he wasn’t respectful with his emailed language. Scott provided examples where management was not respectful with us. Mr. Haynes said nothing. I believe Scott and I are doing our best to follow established procedures and be respectful. We claim management is not.

I hoped we could mediate these differences in position before a neutral third party. This week management refused to accept our offer to mediate. Hawai’i law requires us to mediate ... and mediation is the established procedure. Management offered no reasonable objection. Management is not acting in good faith.

Appearing before a mediator would allow all parties to speak confidentially. Management forces me to speak publicly about sensitive health issues. I consider this coercion to be unfair and a violation of my medical privacy rights.

Scott is standing up for me, defending me, with his emailed requests, and personal action in the fitness areas and recreation deck. I am battling perimenopause and menopause — issues my mother did not discuss with me — as women were shamed to speak about these issues in her day. Today, women have blogs, podcasts and social media groups where perimenopause and menopause are discussed openly.

I’m not sure how my mother, grandmothers and other women survived! These past 4-5 years have been brutal. Many times I felt overwhelmed and quite depressed. Scott has stood by my side 100%. I’ve been exhausted, frazzled, impatient, hurting, and hopeless. Together we’ve moved forward.

One huge indication of relief has been exercise, particularly lifting weights. A friend introduced me by sharing her success. Women across the country are sharing their success as well. Scott has guided and trained me. Management however has not been a helpful partner. Management has impeded my quest for relief.

At different times over a year ago, we caught COVID. Reached out to management following established procedures. Management ridiculed us. Scott is certified by Johns Hopkins University to serve as a COVID contact tracer. His analysis was professional. Management was disrespectful to us. Management then refused to discuss the situation or possible solutions.

Related to the COVID infections, we proposed better ventilation and an added fan for users. Management did not object. Fan was stolen about two weeks later. Management refused to investigate the theft, and forced us to contact HPD. Scott reported to HPD that General Manager Chris Herndon loudly screamed at Scott in front of office staff that he didn't like us and wanted us to move. We were seeking to follow established procedures. We suffered retaliation.

Around that time, Scott spoke with board president Ken Wood about the ventilation and equipment in the fitness areas. Scott believed the president approved the small selection of free weights. We again were following established procedures.

Concerned about keeping the fitness area tidy, Scott requested a rack to hold the dumbbell weights that were approved by the board president. Management stole the weights from us! We had 10s, 15s and 20s. These hand weights were so helpful to me, as machines are large for my small frame, weights somewhat heavy, and difficult for a female like me to use. Scott recently assisted another woman. Machine and dumbbell weights were too heavy for her.

I asked Scott about best practices for equipping a weight training facility. He explained he would design a small weight room differently for men and women. For men, in general, in a small space he would include dumbbells of 10s, 20s, 30s, 40s and 50s — 10lb increments. For women, in general, he would begin with lower weight and increase by 5lb increments: 5s, 10s, 15s, 20s and 25s.

After management removed our weights, the dumbbell weights left for all us by a contractor friend, Jackie Antolin initially directed that no more dumbbells would be provided. The board overruled management. Scott then asked Jackie through proper and established procedure to participate with the selection of equipment. Management ignored Scott. Jackie selected dumbbells more appropriate for men — coincidentally for her husband. He and Scott recently worked out together. Jackie's husband used 40s. Doubtful I will ever use 40s. Most women will not.

On the other hand, Scott would not have selected or requested weights just for men or women. Scott has proposed a total of ten sets of weights: 5s, 10s, 15s, 20s, 25s, 30s, 35s, 40s, 45s and 50s. His proposal provides both EQUALITY and EQUITY in the fitness room. Scott wants to help Jackie's husband as much as me — men as much as women. Scott encourages everyone to be more fit. Management's sole objection has been concern over theft. Our family remains willing to financially secure the investment. We have the space and money for equal treatment. Why is management harassing us?

Scott and I believe that this issue would have been resolved in mediation. We believe a neutral third party would agree with his plan for equality and equity in Discovery Bay amenities. Board member Steven Haynes has an University of Hawai'i email address. We assume Mr. Haynes follows UH culture requirements that demand equality and equitable behavior.

Management refused to accept our request for mediation. The session would be non-binding and confidential. Why is management afraid? Professional adults mediate. Management apparently will only appear before a third party if they have friendly or prior relations. This attitude violates established procedures.

In conclusion, I would like to nominate my husband Scott Goold to chair a committee overseeing the fitness areas. Scott is considered a fitness expert with over 30+ years of experience, served as operational manager of a number of health clubs, and specialized in women's health & fitness as a public health professional. I am asking that the discrimination against females end at Discovery Bay.

This nomination is supported and seconded by Discovery Bay owners (XXXX) Jon and AnnaMarie "Nan" Darrows. They wrote, "As far as fitness area and yourself 🍑🍑🍑 100 100 100 we think you would be the perfect person for that position. Your overall knowledge is certainly a benefit! So yes! We nominate you!"

I therefore request Discovery Bay AOA board to urge management to mediate, and end the discrimination against females in our fitness areas. Scott provided a proposal that is fair to both men and women. Scott has also demonstrated initiative to keep our fitness areas clean, safe and healthy for all users. Owners and residents will benefit from his leadership. We need a point person to pay attention to needs in our fitness areas. Please support our request for a committee chair and additional dumbbell weights.

Thank you for your time.

AnnMarie Goold
Owner, Discovery Bay